# ENTRES A

### APRIL 2024

#### DOG THERAPY APPRECIATION DAY

Thursday, Apr. 11, 12:00pm

Stop by the Common Area for puppy cuddles and furry serotonin, courtesy of Michelle Wallace & furry friend, Louie!

#### NATIONAL RECORD STORE DAY

Wednesday, April. 17, 12:00pm

In celebration of National Record Store Day (4/20) stop by the Pantry to purchase some vinyl from local record store owner, Tom Patterson!

#### NATIONAL JAZZ DAY

Tuesday, Apr. 30, 3:30pm

Enjoy the musical stylings of local jazz guitarist, Mike Lorenz, for a jazzy cocktail hour in the Pantry!

## JOIN US FOR A RUN!

April 18, 2024 | 4:00pm

In honor of National Exercise Day, join Mat Czelej, VX Member and Owner of Growth Couture, for a run down the Southside Greenway! Meet in the Pantry at 3:50pm.





5:30 PM 4/5VX ALL DAY 4/9VX 12:00 PM 4/11 VX ALL DAY 4/15 VX 12:00 PM 4/17 Pantry 4:00 PM 4/18 Greenway ALL DAY 4/22 Pantrv ALL DAY 4/24 Pantry ALL DAY 4/25Pantry ALL DAY 4/27 Pantry 3:30 PM 4/30Pantry

# FIRST FRIDAY CONNEXIONS

- ALL DAY<br/>VXNATIONAL LIBRARY WORKERS DAY
  - **DOG THERAPY APPRECIATION DAY**
  - NATIONAL ASL DAY
  - NATIONAL RECORD STORE DAY
  - NATIONAL EXERCISE DAY
  - SEED EXCHANGE
    - NATIONAL BUCKET LIST DAY
    - **BRING YOUR KIDS TO WORK DAY**
    - LARA BLY SPRING FASHION SHOW
    - NATIONAL JAZZ DAY

# JOIN US THIS *FIRST FRIDAY* FOR THE LAUNCH OF THE CONTAGIOUS THOUGHTS PODCAST!

April 5, 2024 | 5:30pm - 7:30pm

"Why is it that most of us have realities we desire to experience but spend most of our life stuck in a reality we don't want?

If only we had the inspiration to dream again, the motivation to pursue that dream, practicals to guide us, a real life example of a regular someone on the same journey, and finally - the stories, perspectives, and insights of dozens of accomplished people - then maybe it might be a little easier to get there. Well, looks like you've stopped in the right place.

Welcome to the Contagious Thoughts Podcast, where dreamt realities are lived and like-minded people share their journeys and thoughts...because thoughts filled with purpose, are contagious."

